



— Massachusetts —
COMMUNITY HEALTH AND
HEALTHY AGING FUNDS

Health & Racial Equity

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Introductions



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House Keeping Items

- If you have any **logistical or content questions**, please type them into the chat box.
- Close Captions/transcription is available. Click the **CC/Live Transcript** button on the bottom of your screen.

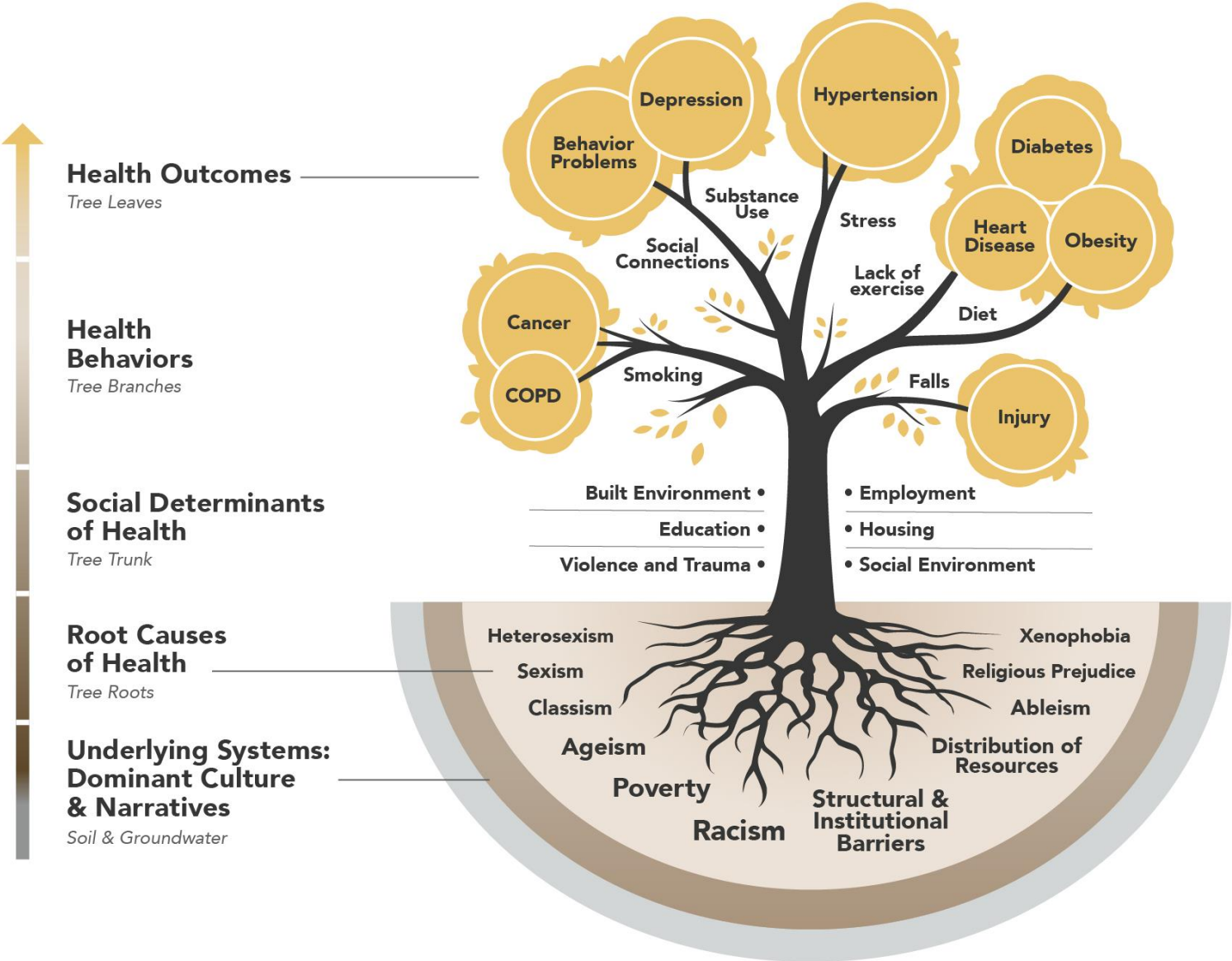
Definition

Health equity means that everyone has a fair and just opportunity to be as healthy as possible. To achieve this, we must remove obstacles to health — such as poverty, discrimination, and deep power imbalances — and their consequences, including lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care.

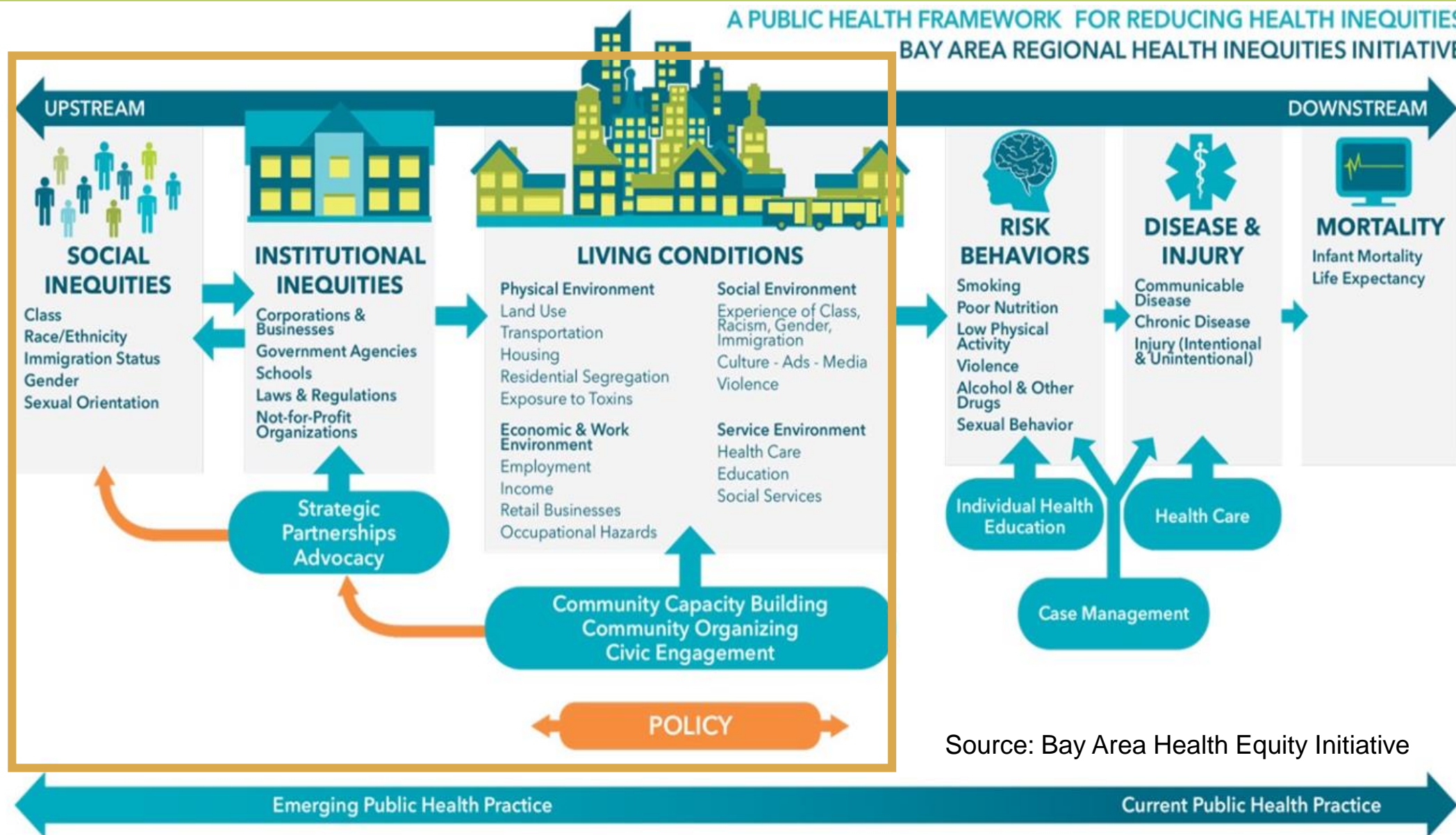
This definition is adapted by Paula Braveman and colleagues in the RWJF commissioned paper, [“What Is Health Equity? And What Difference Does a Definition Make?”](#).



What do we mean when we talk about health?



Moving Upstream to Reduce Health Inequities



Source: Bay Area Health Equity Initiative

Working Upstream

Policy

Policy change includes the passing or changing of laws also known as legislation, as well as ordinances, resolutions, mandates, regulations, or rules. Government bodies, park districts, healthcare organizations, worksites, and other community institutions (schools, jails, daycares, etc.) all make policies. Policy change strategies include advocacy & education, civic engagement, and power building.

Systems

Systems change creates fundamental shifts in how problems are solved and how resources and services get distributed. It involves changes made to the policies, processes, power structures, and relationships within an organization or across organizations. Systems changes can be unwritten, ongoing, often qualitative organizational decisions/changes. They might precede or follow written policies.

Environmental

Environmental changes involve the economic, social, or physical surroundings or contexts that affect health outcomes. Environmental strategies create more lasting change when paired with systems and policy changes.



Upcoming Applicant Support Sessions

- 2/5 2-3pm Evaluation
- 2/7 11am -12pm Application Portal/Budget
- 2/12 1-2pm Open Q&A

Contact Information

Stay in touch:

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Questions & Answers

