



— Massachusetts —  
COMMUNITY HEALTH AND  
HEALTHY AGING FUNDS

## Healthy Aging Funding Stream Full Grant Questions

### Healthy Aging Full Grant Narrative Questions

Please share materials that cover the following information in either the narrative format or presentation format. In answering each of these questions, feel free to use bullet points.

1. Summary (1-2 paragraphs) *\*There is space in subsequent questions to address these in more detail.*
  - a. *[Applicant Name] is requesting [funding amount] over [x years] to [Describe your project's overarching goal in 1-2 sentences].*
  - b. *Brief problem statement – Tell us about the community you serve and the health inequity they are experiencing that you seek to address*
  - c. *Up to 3 key activities you will employ to address the problem*
2. Please describe the group, organization, partnership, or coalition implementing the approach.
3. What is your current approach to, or how do you intend to approach, policy, systems, and environmental change work to create a more Age-Friendly community?
  - a. What root causes and social determinants of health are related to or directly addressed through this approach?
  - b. What specific PSE changes or types of changes do you seek to make through your work?
  - c. What are the short-term goals and the long-term solutions you are working toward?

*Policy, systems, and environmental change strategies are a way of making sustainable, lasting change within a community to support healthy environments and behaviors across populations. These strategies create or change infrastructure and modify the contexts in which people live to improve community conditions that promote health. Policy, systems, and environmental changes are often made in combination with each other.*

- *Policy change is not just legislation. It includes the passing or changing of laws, ordinances, resolutions, mandates, regulations, or rules. Government bodies, park districts, healthcare organizations, worksites, and other community institutions (schools, jails, daycares, etc.) all make policies. Policy change strategies include advocacy & education, civic engagement, and power building.*
- *Systems change creates fundamental shifts in how problems are solved and changes the way resources and services get distributed. It involves changes made to the*

*policies, processes, power structures, and relationships within an organization or across organizations. Systems changes can be unwritten, ongoing, often qualitative organizational decisions/changes. They might precede or follow written policies.*

- *Environmental changes involve changing the economic, social, or physical surroundings or contexts that affect health outcomes. Environmental strategies create more lasting change when paired with systems and policy changes.*
4. Who will you partner with to do this work? (Please share up to 5 key partners, their roles, and your approach to collaboration)
  5. Who are the people and communities that you serve? (Please share the specific ways you engage or plan to engage populations with lived experience of the issues you are addressing in the leadership, design, implementation, and evaluation of this work.)
  6. The Funds are committed to addressing the root causes of health inequities, specifically, institutional and structural racism. Please share the top 3 ways your organization currently incorporates or is working towards incorporating health and racial equity into your internal organizational policies & practices.